



THE UNIVERSITY OF THE THIRD AGE

Heybridge U3A

News Sheet No.11/2019

December 2019

<https://u3asites.org.uk/heybridge>

Archive

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Refreshment Group Rota

December	Eat the World
January	Family History
February	French

Please provide 3 people to serve refreshments



Your Committee

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Vice Chair	Vacant	
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NEWS FROM THE COMMITTEE

From the Chair

The November speaker, Peter Layzell, gave a very informative and interesting talk on the Essex regiment in WW1, and he could have, I believe, filled a couple of hours with the information he had. If you would like to see/hear any of the speakers again contact Jan the Speaker secretary or put a note in the suggestion box, make your preferences known.

You will remember that last month I wrote to you all about the very real and urgent need for volunteers, especially **secretary** and vice chair, so I thought this issue I would update you on the current situation, I am pleased to say that we have a flicker of interest, a little light flickering in the breeze at the end of the tunnel but, and it is a very big but, we have not had confirmation yet that the cavalry are under way, so the situation has not altered.

We have so very little time left before the AGM, on 13th March 2020 at 2.00 pm and with Christmas taken out, that leaves just 2 more meetings before the AGM.

Will **NO** one step up and volunteer until the axe drops, because when **it** does and if **you** don't, then something nasty will hit the proverbial fan. **Now** is the time for you the members to start looking amongst yourselves and finding a solution.

Also we have one interest group suspended, with NO group Leader; I truly cannot believe that any of you really want this situation. So why are you allowing it to happen?

I will be saying no more on the matter now, but will leave it to you and your consciences.

A WARNING

We have been made aware that in this area there are phone scammers operating, so should you receive a phone call from persons purporting to be from the police and asking for money or bank details – **ring off**- and, using a totally different landline, call the police to check, **under no circumstances** should you use your own landline as the scammers will undoubtedly have kept the line open and you would not be in touch with the police, but the scammers, still. Stay vigilant, these parasites prey on our age group. This applies also to internet use as well as telephones, give bank details only to verified persons. IF IN DOUBT RING OFF.

All that remains is for me to wish you all

A very Merry Christmas and a Happy and Healthy new year.

Norman Cumming chairman@heybridgeu3a.org.uk

From the Editor

The design of the Heybridge U3A News Sheet, and the reports that it contains, is a full-page layout of 16 pages in a large font. Information about the Committee Members and their reports can be found in the first few pages. The back page shows the Diary for the months of December and January 2020. There will not be a January News sheet so send your contributions for the February one by 31st January 2020. I am wishing a Happy Christmas and a successful New Year to all the U3A Members.

Geoff Hadley editor@heybridgeu3a.org.uk

Membership continues to grow, nearly always because you, our members, tell your friends about us and what we do. Keep up the good work!

Philippa Moody membershipsecretary@heybridgeu3a.org.uk

This month I visited the Yoga Group who made me very welcome. We watched a short video and discussed technique before the group got down on their mats.

Hilary Furniaux groupsco-ordinator@heybridgeu3a.org.uk

Fri Dec 13th to help us Celebrate Christmas

Fri Jan 10th Alaxis Soyer a chef Alan Shipman

Fri Feb 14th Tell us about a very famous historical figure Tony Harris

I always welcome your comments, if you enjoyed a speaker, or not. Feel free to speak to me at our monthly meeting or send an email to the address below. It helps me to plan future meetings. Please let me know of any talks you may have heard and think others would find interesting

Jan Brown speakersecretary@heybridgeu3a.org.uk

Any resolutions for discussion at the AGM, on 13th March 2020, have to be sent to the Secretary by the end of February 2020.

In view of bank holiday changes next year, the general meeting dates for April and May are 24th April and 22nd May.

GROUP REPORTS

Art Group

New member Briony brought the ingredients for a very pretty still life painting when she attended her first meeting recently - a vase and an ornamental cat which, when placed side by side, made for an attractive arrangement. One or two of us even abandoned our projects to have a go at putting our own slant on Briony's idea.

This is a useful exercise, as fans of the TV watercolour programmes will testify. No two artists see the same object or landscape in quite the same way and the resulting differences can be surprising, to say the least.

The Swan Hotel on December 12th, Election Day, has been chosen as the venue for our art group Christmas lunch. Most of us, it appears, will be casting our votes early in the day having suffered - let's be honest - the most tedious, unpleasant and long-winded election campaign ever!

Then we can sit down and enjoy our festive meal in peace.

Happy Christmas. Gill Carpenter.

Bird Watching Group

This month the group went to EWT Abberton Visitors Centre to a "Hootingly Good Evening". We were fascinated to see several owls inside the centre being talked about and flown by some great people from **Imperial Bird of Prey Academy** who are based at Barleylands Farm in Billericay.

Each owl was introduced separately and its habitat and lifestyle described. The owls were walked around by a handler so that we all got a close view and were able to ask questions. Each was then flown between two handlers and over the heads of the audience. Having a large owl, such as the Great Grey with a five foot wing span, flying six inches above you is an unusual sensation.



Thank you to Val Monk for the wonderful photos

If you would like to join us then contact Maureen Lenoir at symockturtle@yahoo.com. We are out and about on the 4th Friday of each month".

Maureen

Cards and Paper Crafts

Only 3 of us met on one of the few dry days in November. We made Birthdays cards, Anniversary cards and Christmas cards between us and also created templates. During our chats we decided that, in December, we would make a box each. We can then make it a Christmas box or something else.

Lesley Woonton

Creative Writing Group

In November we had great variety of stories and many of the group managed to combine both 'The Last Time' and 'The Best Medicine', but the story that moved me most was the true story of the dreadful scam which tricked one of our members out of a lot of money. It brought home to me that there are some despicable people around and we should all be extra vigilant.

It was my last meeting as CoG of the group as we do not meet in December. In January the group will reconvene with Stuart as CoG and I am grateful to him for taking over. The first homework is to write something set in the evening, with ice on the ground, by the sea and there is a lonely feeling.

At the end of our meeting Audrey surprised me by making a short speech of thanks on behalf of the group and presenting me with wine, super choccy biscuits and a card signed by everyone. It was a kind gesture which I appreciated very much. My thanks to my entire lovely group; I will miss your laughter and friendship.

Angela.

Croquet Group

We have stopped playing for the winter, but hope to start playing again in April, depending on the weather and the lawns being available. Hopefully we will continue playing at the Forresters Golf Club; we are most appreciative of the Maldon Croquet Club who allows us to play on their lawns. The aim of the group is gentle exercise, fresh air, good company and fun. We play on the first and third Thursday morning of each summer month. If you would like to join us please contact me.

Anne Newson.

Discussion Coffee Morning Group

On 15th November our coffee morning group met at my house. We had a mixture of sweet and savoury snacks with our tea/coffee which sustained us through to the end of our discussions. Topic of the month has to be "The pitfalls of a neighbours loft conversion". Sorry I cannot reveal any more, it would ruin the book which I am sure will be written at some stage!!

Our next meeting will be at 11am on Friday 20th December at Lesley Pomphrett's house.

Margaret Brown

Eat the World

Meets 4th Tuesday of the month 12.30 p.m. – various locations

We had a return visit to Turkey this month, eating at SARK, Maldon.

We all decided to try something different this time around. Starters included Plaki (haricot beans/vegetables) in a lovely tomato sauce, falafel, stuffed vine leaves, aubergine with mixed peppers and feta cheese salad. Lamb shish, chicken shish and moussaka were favourites from the main course menu. Too stuffed for pud!

We will be having a 'staycation' in December, visiting a traditional English hostelry for a Christmas turkey dinner on Tuesday 17th December (hmmmm – we should have gone to Turkey for turkey!!) Our trip in January will be to Brazil (Café Brasil, Maldon).

Liz Cawdell

Family History Group

It was almost a full house again this month, on another wet grey morning.

Martin gave us the task of deciphering the name of a witness on his 3 x times great grandfather's marriage certificate, luckily we all came up with the same name, Anne Perry.

Via a computer and projector, Liz and Gloria set up a tutorial of Ancestry.com and although some of us are 'old timers' as far as family history is concerned, it did show there is always something to learn. It was very enlightening. Hopefully there will be more to come.

My 'brick wall' at the moment is the Merchant Navy – where to find details of enlistment, boat/boats served etc..... I received a good deal of useful suggestions.

Nicky McColm joined us as a visitor to 'test the water' as it were. I am the first to admit that family history is obsessive and to some degree self-discipline is needed, because what starts as a hobby can take over your waking moments.



The photograph this month is: Mary Ann Jones nee Stocks (1856-1920)

Great Grandmother of Family History member Jean Rogers.

Love the hat!!!

There won't be a meeting next month, so an enjoyable Christmas and a peaceful 2020 to all Family History and U3A members.



Jean Rogers

French Conversation



Ten of us attended the November meeting, including Rosemary who was celebrating a special birthday and provided delicious cake while we sang Joyeux Anniversaire. We then had our news catch-up, updating each other (in French) on happenings during the previous month. Amongst other things, we heard about a nightmare train journey, a cold house due to a long wait for a replacement boiler and a scam involving a Barclays cash machine. Gloria drew our attention to a current BBC 2 series 'Rick Stein's Secret France' in which the celebrity chef sets off in search of its best-kept gastronomic secrets. It is airing at 9pm on Tuesday evenings. Episodes that have already been screened can be viewed on BBC i-Player.

As in previous years, Rosemary has kindly offered to host our December meeting, so we are looking forward to some festive food and activities – including a French Christmas Sudoku & Christmas Quiz.

Joyeux Noël à tous

Jenny

Local History Group

Sadly, after more than ten years, this was our last meeting – at least for the foreseeable future. Hopefully, at some time others will feel that they can take on the COG duties so that the group may restart. In the meantime, our members have the opportunity to explore other local history options, such as the Winter Heritage Talks, the Maldon Society talks, linking up with other U3As etc.

Carol

Music Appreciation Group

We enjoyed our usual varied mix of composers, performers and instruments inspired this time by the letter G. We started with Josh Groban singing in Spanish and then heard John Williams playing Vivaldi on the Guitar.

There are many more composers whose names begin with G than you would think. We had contributions from George Gerschwin (*Lullaby* and *Walking the Dog*), Gorecki (*Symphony of Sorrowful Songs*), Ivor Gurney (*Lights Out Song Cycle*), Gluck (*Dance of the Blessed Spirits*), Sir Eugene Goossens (*Concerto for Oboe and Orchestra*), Giovanni Grillo, Philip Glass (*Akhmat*), Glinka (*The Lark*), Ron Goodman (*633 Squadron*), Orlando Gibbons (*The Silver Swan*), Percy Grainger (*Handel in the Strand*), Grieg (*In The Hall of the Mountain King*) and Gabrieli (*Lauda Jerusalem*).

We celebrated the Gong and the Glockenspiel as well as the Guitar, and works such as *Dream of Gerontius*, *Girl with the Flaxen Hair* and the pianist Glenn Gould who played the *Goldberg Variations*.

We will not meet in December so our next get together will be on 15th January 2020.

Philippa Moody

Needlecraft

Four of us met at my house this month. We had 2 members doing cross stitch, 1 knitting and 1 making pom poms. The pom pom maker caused a stir as the other members had not seen one before! We are not meeting in December but in January as usual.

Hilary Furniaux

Painting 2

It was a coincidence but several people in our group were actually painting trees as it is normal at this time of year and the colours of the leaves are truly wonderful. As I have a Japanese Maple in my garden, the red colour before the leaves fell from the tree was truly amazing. One member of the group gave us a demonstration on how to paint a branch of a tree and it was truly lifelike. I suggested that all it needed was a bird's nest but the wrong time of the year for that. Now another person is going to try using acrylics as most people start with water colour then proceed to try other media.

We were down a few people this month owing to illness and we wish them a swift recovery, also holidays are still affecting some groups. We are meeting again on 9th December.

Barbara Barbrook

Patchwork Group

The next meetings are 9th Dec and 13th Jan at 2 - 4pm. For more info contact Anne..

Petanque Group

Despite Wet and Cold conditions, Members have managed , in good numbers, to turn up to play on a regular basis on Mondays. As usual, I am grateful for the help given me, in clearing the Terrain of leaves, before we start playing. The Games are enjoyable and the company great!



Concentration Ken Russell

As this will probably be the last report before Christmas, I would like to wish all Petanque players a VERY HAPPY CHRISTMAS AND HEALTHY AND STRESS FREE NEW YEAR! Looking forward to continuing our Regular Petanque

Sessions in 2020 Dian 😄

Photography Group

We met at our usual venue to view and discuss the three photos that our members had submitted for the “autumn” assignment.

Each member had submitted 3 photos and then commented on these during the slideshow.

After tea and biscuits Peter gave us a talk and presentation on Infra-Red Photography.



He explained how, when an IR filter is fitted to a camera lens it can be used to filter out the visible light and leave only the invisible infra-red light to produce the picture. The best effects are created when the camera is set to take mono photos, making all green objects (grass, leaves etc.) white and blue objects (sky, water etc.) black, as shown in the accompanying photograph taken at RHS Hyde Hall.

If you are interested in photography or want to understand more about your camera or the camera on your phone, you are welcome to come along and join us. We meet at the West Maldon Community Centre in the Jubilee Lounge on the first Thursday of each month at 2.00pm.

Norman Grove

Reading and Books Group

The Reading and Books Group is now meeting every third Wednesday. The CoG will be Jackie Jones and the first meeting is Wednesday 15th January 2pm at Woodlands Tea Rooms.

Hilary Furniaux

Scrabble Group

We met in November to round the year off, as the December date falls on Christmas Eve so we will not meet. Hopefully everyone will be playing some board games with their families and friends over Christmas! The four who played this month were quite evenly matched for the most part and we enjoyed a good chat over mince pies and drinks.

Looking forward to 2020 when we will once more meet at Angela's, on Tuesday 28th January at 2.00 pm. It's helpful if we know who is likely to attend to make sure enough boards can be set up.

If you would like to join us please telephone or email me, details on the list of Cogs.

Linda Etherton

Technical Computing Group

Our last meeting took place in Alex's house in Danbury where we discussed a number of items, the first one being a problem. One of our members had a laptop with a 'blue screen of death' so-called when the computer starts by a blue screen with loads of text displayed, when trying to restart the computer. This will happen every time. Very occasionally, within Windows 10, a system repair is possible but unlikely. What we had to do in this instance was to remove the hard drive from the laptop and put it into a caddy and connect to a good working computer.

By doing this exercise, I was able to backup all the files on the hard drive. Using a caddy in this manner is very useful. When the hard drive was re-inserted into the laptop a fresh copy of Windows 7 was installed, and, in this instance, we found the data still intact on the drive but this is unusual, I have attached a photograph of the caddy with a hard drive inserted



We followed on after a break for tea and biscuits, to discuss other matters relating to computers and other problems which people have been having that all ended in a very satisfactory manner.

I would like to thank Alex and his wife for their hospitality.

We will not be having a meeting in December, as members had other activities planned and our next meeting will be January. We would like to wish all U3A members a very happy Christmas and a peaceful New Year.

Anyone interested in joining our small group would be most welcome please contact me first

Colin Mason. ColinMason@yahoo.com

Ten Pin Bowling

Despite the change of day we had 8 participants on two lanes. On lane 1 (although we moved across to lane 3 due to mechanical issues after the first frame) Peter W with his newly developed style won the first two frames closely contested with Geoff and myself. Brenda found some success including some spares and a strike. I did eventually find some form in the last frame with the highest score of the morning of 159.

On lane 2 John topped the scoring with 136 for frame 1 but was pipped on the next two frames by Linda with Margaret and Jenny not quite aspiring to their usual scores not quite achieving 100.

Next meeting is on the 10th December at 10.30am which is to be followed by a Christmas Lunch for which please contact Lynne Morrison to confirm your space. An email has been forwarded with contact details.

Peter Harvey

Ukulele Group UKE3A

Without the pressure to perform in public over the Christmas period we uke strummers have been indulging ourselves and having fun during recent meetings. This involves each member having a say on what we play from our now lengthy list of favourite numbers ancient and modern, with everyone joining in and singing along lustily. As I write this, it has been suggested that our well-thumbed folders of Christmas carols should be next up for a festive "pick of the pops" session.

As the end of the 2019 is now in sight, may we offer a big thank you to Barbara for her kindness in hosting our uke sessions in her lounge throughout another year? The tea, coffee and yummy biscuits are, as always, a welcome break appreciated by all!

Gill Carpenter.

Walking Group

Luck was on our side as 17 of us started our November walk. The threatened rain finished by lunch time and we were able to walk around Sandon and Great Baddow in sunshine. Our walk started at Sandon Church and we then walked towards Great Baddow following dedicated footpaths largely away from traffic and found ourselves at Great Baddow Church. We passed the not so pretty Vineyards shopping precinct and headed into Baddow Recreation Ground. More pavement walking through housing and 'secret' paths to West Hanningfield Road. A short distance along the main road took us to Baddow Tennis Club which is situated in Ladywell Lane. We walked the length of Ladywell Lane to Ladywell House, which was built in 1902 by Aylmer Maude. Whilst in Russia, Aylmer Maude became friends with Leo Tolstoy, and the authorised translation of War & Peace was largely done in Ladywell House by Aylmer and his wife Louise. It is believed that George Bernard Shaw stayed in the house as both he and Aylmer Maude were members of the Fabian Society. So our walk today had a small 'Local History' element as well as a tour of the bye-ways of Baddow.

Our next walk will be before our Christmas Meal, weather permitting, starting at 11am on Thursday 12th December. Everyone is welcome, even if you are not coming to the meal.

Linda Wells.

Weekday Lunch Group

We thought that Tom's Woodyard Cafe at Gt. Totham was closed but then we found out that was just on Mondays. So we booked a table for our usual day, Tuesday and it was pretty busy when 7 of us had arrived. There was a table for six but another small table was added and we were then ready to peruse the menu. We found some very good salads available also jacket potatoes and some special offers for the day.

We all thought the meals were very good and most of us ordered desserts which looked delicious. We were almost the last to leave as we were all having a very sociable chat and a good time was had by all. Our December meal will be at The Ship near Tiptree, and we hope that Jean our coordinator will soon be able to join us as she is now recovering from her spell in hospital.

Barbara Barbrook

Weekenders Group

15 weekenders met at the Osea View Café on Saturday morning at 10 am. Once again the weather was fine and the views and chat were excellent! A number of us enjoyed a bracing walk along the sea wall towards the Osea Road.

Saturday 21st December – 19 weekenders will meet at The Bell, Woodham Walter at 12.00 noon for our Christmas dinner. Please remember to bring £20.00 in cash for the meal and some extra for a tip. Drinks can be paid for in cash at the bar.

Saturday 18th January 2020 – Our New Year coffee morning will be at Olivers Nursery, Maldon Road Witham at 10.00

Please see the sign-up forms at the main meeting and contact me if you need more information or a lift.

Pat Smith

Yoga Group

Bette and myself wish all our Yoga students a very Happy and Relaxed Christmas. We have during this year looked at methods of self-healing as well as exercising our muscles and joints and improving our balance. Maybe most popular is our period of total relaxation with an accepted "cat nap" while Bette reads to us.

Our 2020 session begins on 22nd January at 2pm in Plantation Hall, followed by 29th Jan. and February 5th and 12th.

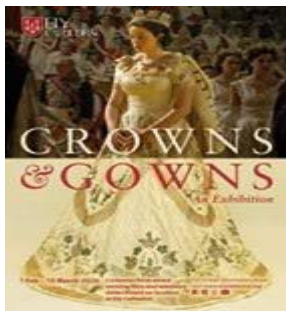
All enquiries to Gloria Bomford Yoga COG.

EVENTS & OUTINGS

Firstly, thank you for your support throughout 2019. We had some lovely days out, culminating in our visit to Bury St. Edmunds last week for their annual Christmas Market.

Our first trip of next year is to Ely..... **MONDAY 16TH MARCH 2020** **COST t.b.a**

In the morning, we visit **ELY CATHEDRAL** with its unique 14th century octagonal lantern tower. It is counted among the marvels of the medieval world. Much of the cathedral is over 900 years old and it offers a rich architectural history, including the sumptuous 13th century Quire and beautiful 14th century Lady Chapel.



CROWNS & GOWNS

A fabulous exhibition of costumes, jewels, props, behind the scenes images and memorabilia from some of the major Hollywood movies filmed at Ely Cathedral. This fascinating exhibition in the Lady Chapel will showcase some of the most iconic gowns and outfits from Elizabeth: The Golden Age, The Other Boleyn Girl, The King's Speech, Macbeth, and The Crown. These productions brought global award winning actors to the Cathedral including Cate Blanchett, Scarlett Johansson, Natalie Portman, Michael Fassbender, Colin Firth and Geoffrey Rush

OLIVER CROMWELL'S HOUSE

After lunch, we visit the former Lord Protector's family home, the only residence still in existence other than Hampton Court. Following a recent refurbishment our House now boasts a completely re-vamped Civil War Exhibition with impressive interactive displays and interpretations. There is also a new timeline and family tree to provide more engaging content about this complex man who killed a King, but refused the crown.



THE ROYAL EDINBURGH MILITARY TATTOO

Monday 17th – Friday 21st August 2020

5 days, 4 nights from £529 per person (limited number of single rooms with no supplement available)



- Includes:
- Return coaching from Heybridge
 - 4 nights, Holiday Inn, Dumfries
 - Dinner, bed & breakfast
 - Edinburgh Tattoo, evening performance
 - Entry to Jorvik Viking Centre
 - Entry to Fountains Abbey
 - Day trip to Carlisle

ONLY X1 SINGLE ROOM with no supplement available.

X 4 twin rooms and x 6 doubles available.

The Essex Association of U3As is holding 4 individual study days over the next six months.

Music Workshop, Tree Study Day, Advanced Genealogy, Geology

1. Singing for Pleasure and Mental Wellbeing

Sunday 24th November 2019 at Broomfield Village Hall, 158 Main Road, Chelmsford CM1 7AH **Start Time 9.30 am.**

The cost of the day is £12.00 which includes lunch.

This is a day for everyone – if you can sing or not.

The workshop will include brain-training, work on breathing techniques, co-ordination and communicating with others but most of all singing!

You will leave with a sense of euphoria and achievement and hopefully, a willingness to carry on singing.

2. Geology

Sunday 1st March 2020 at Broomfield Village Hall, 158 Main Road, Chelmsford CM1 7AH
Start time 10.00 am

Cost of the day is £15.00 which includes lunch.

Prepare to have your mind stretched by geological time and take a tour of Britain through time-travel spectacles.

We shall look at rocks, fossils and minerals that help us to interpret the scenery and to work out what Britain was like in the past.

There will be illustrated talks and hands on activities.

3. Advanced Genealogy

Thursday 2nd April 2020 at St Cedds Hall,
Start time 9.30 am

The cost of the day will be £15.00 which includes lunch.

Toni Nobard is a genealogist with over 40 years' experience in the field. She has had two books published on the subject and until recently had a business researching other people's family history.

Topics for the day:

Getting the most from the Census

Breaking down 'brick walls'

Dating old family photographs

Introduction to DNA for family history

4. The Study of Trees at the Arboretum

Monday 11th May 2020 at Marks Hall, Coggeshall, Essex, CO6 1TG.

Start time 10.30 am

The cost of the day is £10.00. (Lunch NOT included - bring your own lunch)

Please note the Marks Hall will be closed to the public on this day.

The Arboretum forms an enviable collection of trees originating from every temperate area of the world and miles of leafy woodland walks to explore and enjoy.

The Senior Arborist will be taking you through the differing areas of the world's trees.

Please note that this day will be on uneven ground, it will also involve steps and grassed areas which may not be suitable for those with reduced mobility or wheelchair use

The above Study Days are open to U3A members of Essex Association of U3A's only.

Essex Association Website <https://u3asites.org.uk/essexassociationu3as>

Diary of Meetings and Visits For details see articles and co-ordinators above

Week Commencing	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 Dec	2 Petanque 13.00 Cards & paper14.00	3 Weekday Lunch 12.30	4 Ukulele 14.00 Yoga 14.00	5 Photography 14.00	6 Committee meeting 10.00 Painting 14.00	7	8
9 Dec	9 Petanque 13.00 Painting 2 14.00 Patchwork 14.00	10 Ten pin 10.30	11 French Conversation 10.00	12 No Computing 14.00 Walking 11.00	13 Monthly Meeting 14.00	14	15
16 Dec	16 Petanque 13.00 No Needlecraft 14.00	17 Eat the World 12.30	18 No Music 14.00 Ukulele 14.00	19	20 Painting 14.00 Coffee Morning 11.00	21 Weekenders The Bell' W00dham Walter 12.00	22
23 Dec	23 Petanque 13.00	24 No Scrabble 14.00	25 No Creative Writing 14.30 Christmas Day	26 No Family History 10.0 Boxing day	27 Painting 14.00 No Bird watching 10.00	28	29
30 Dec	30 Petanque 13.00	31	1 Jan No Ukulele New years Day	2 Photography 14.00	3 Committee meeting 10.00 Painting 14.00	4	5
6 Jan	6 Petanque 13.00 Cards & paper14.00	7 Weekday Lunch 12.30	8 French Conversation 10.00	9 Computing 14.00 Walking 14.00	10 Monthly Meeting 14.00	11	12
13 Jan	13 Petanque 13.00 Painting 2 14.00 Patchwork 14.00	14 Ten pin 10.30	15 Ukulele 14.00 Music 14.00 Reading & Books 14.00	16	17 Coffee Morning 11.00 Painting 14.00	18 Weekenders Olivers Nursery Witham 10.00	19
20 Jan	20 Petanque 13.00 Needlecraft 14.00	21	22 Creative Writing 14.30 Yoga 14.00	23 Family History 10.00	24 Bird watching 10.00 Painting 14.00	25	26
27 Jan	27 Petanque 13.00	28 Eat the World 12.30 Scrabble 14.00	29 Yoga 14.00	30	31 Painting 14.00	1 Feb	2