



THE UNIVERSITY OF THE THIRD AGE

Heybridge U3A

News Sheet No. 8/2014

September 2014

<http://www.heybridgeu3a.org.uk>

NEEDED NOW

**Your ACTIVE
Involvement
in the Day to Day running
of Heybridge U3A**

(For more information see page 2)

Members Social Evening

Cost now £8.00

**Including Fish & Chips
and Raffle**




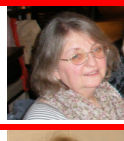

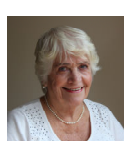

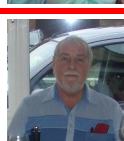

Saturday 25th at 18:30

(See page 9 for more details)

News Sheet Contents

	Page Number
Your Committee	1
From the Chairman	2
From the Editor	2
Membership Secretary	2
From the Events Secretary	3
From the Group Co-ordinator (COGCo)	3
Monthly Meetings	3
Group Reports	4
Detail of Events	9
Association of Essex U3As	10
On the Notice Board	10
From Other U3As	10
COG Names and contact number	11
Diary	12

Your Committee

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NEWS FROM THE COMMITTEE

From the Chairman

Sometimes, when we are closely involved in an activity, we think that everyone knows what we are doing. We think that other people, even family members, should know what we are thinking and feeling, but unless we express our thoughts out loud, it is very unlikely that even our nearest and dearest will know what we 'Really, really want'. A friend of mine repeatedly tells me that she is happy living alone, but this week a comment slipped out that she is OK as long as people visit her. So, in reality, she is lonely.

We all know that we can't make friends unless we make the effort to go out and do something, possibly out of our comfort zone.

For some months the committee have been concerned that our U3A has not been telling the people in Heybridge about ourselves and what we are doing. Jenny Parker has designed, and printed, a leaflet giving a brief overview of what we do in Heybridge U3A. I have delivered almost 500 of these leaflets this week. Hopefully now that more people in Heybridge know what we are doing they will be willing to get out of their comfort zone and come and join us. We now have two 'Meeters and Greeters' for new members, let's hope that they are kept busy!

Joyce Woodham: phone 01621 841066 or Email woodham359@btinternet.com.

From the Editor

The layout of the Heybridge U3A News Sheet and the reports that it contains, remains the same as that produced earlier in the year. I have had some limited feedback about reading the text on line. To assess your needs in being able to read the News Sheet on line without the need to scroll back up to continue reading has been given some thought. I have produced a two page extract from the current News Sheet which will be issued with the email copy of this News Sheet. Please let me have your comments. I will assume that if I receive no comments then there will be no need to change the current layout.

Information about the Committee Members and their reports can still be found in the first few pages with a contents column to aid in finding the parts which you wish to read first on page 1. Does this layout and content provide sufficient detail for you as the Members of the Heybridge U3A to understand what the Committee

Members and Group Leaders (CoGs) do and how your money is spent? In addition, copies of the Committee Meeting Minutes are being established and the most recent ones can be seen at the Monthly Meetings in a ring clip folder near the check in table.

The back page (p12) shows the Diary page, which has been updated to the end of October 2014.

Please keep me up to date with any interesting stories, relevant pictures or anything that relates to The Heybridge U3A or the U3A movement as a whole. Continue to send details to me, preferably by email with 'Heybridge U3A' in the title. Alternatively talk to me at the Monthly Meeting.

An early warning to CoGs. As last year, there will be no January issue of the News Sheet. The November issue will need to cover the period November 2014 through to February 2015 especially as it relates to the Diary.

In March 2009, nearly six years ago, I put together the first Heybridge U3A News Sheet. It was two pages long with no colour or photographs. You now have a 12 page News Sheet in colour with photographs showing the people involved and the activities which they undertake. The work load has slowly increased to produce it each month. I am now not prepared to continue as Editor without substantial help. This will involve more than a couple of hours each month and peaks each and every month. I have set a deadline of March 2015 after which there will be no News Sheet if there are no volunteers. We should all remember that the U3A is a self help organisation and without input from all its members, new as well as old, then there is no output.

Contact me, Ian Newman, on any issue raised in the News Sheet by phone 01621 891184 or by Email ian.newman@tiscali.co.uk or speak to me at the Monthly Meeting.

From the Membership Secretary

We were pleased to welcome one new member in August, taking our total paid-up membership to 160.

If you are not a member and would like to find out more about the Heybridge U3A, you are welcome to attend a monthly meeting (held in the

Plantation Hall on the 2nd Friday of each month at 14.00) as a guest. There is no need to book, just turn up and sign in.

Jenny Parker.

For any queries regarding membership, please

Email jennyparker14@hotmail.com or phone me on 01621 843581. Or, If I am not available, please contact Angela by Email angela.pleasance@hotmail.co.uk or phone on 01621 850310.

From the Events Secretary

Planned Events

- Saturday 25th October. An autumn social evening at Plantation Hall.
- **NEW.** Wednesday 25th February 2015. A tour of the Tractor Plant at Basildon.
- Friday 20th March 2015. A tour of the UK Supreme Court in Westminster. Now fully booked.
- Monday April 27th 2015. A coach trip to Kew Gardens.

Please see page 9 for further details including The Supreme Court visit.

Heybridge U3A Monthly Meeting held on 8th August 2014

Secretary's notes

Joyce started the meeting with a plea for assistance for Ian in the production of the News Sheet. In addition we also need a Vice-Chair on the committee, who would fill in for Joyce in her absence. The Publicity sub-committee are looking for a Publicity Officer. This is not a 'Committee' post. Joyce also asked for volunteers who would make new members welcome.

August Speaker

Paul Madge introduced us to Futurelearn, mind-stretching online learning with the added benefit of being able to get together with members of Maldon area U3As to form short-term interest groups. The idea is to register for one of the many courses available and then email U3Amaldonfl@gmail.com at least 2 weeks before the course starts, to be put in touch with any others in the area also doing the course.

Paul was very enthusiastic about this as a way of learning: we have some leaflets available at the meeting and you can look at the website to see the diversity of courses available.

<https://www.futurelearn.com>

Future Heybridge U3A Monthly Meetings

The speaker at our next Monthly Meeting on Friday 12th September is Les Nicholl of Essex County Fire and Rescue Service in Dovercourt. He will give us a talk about "*Fire Safety in the Home*".

On 10th October William Tyler will be returning to give us another of his fascinating and colourful historical talks. This time the subject is Winston Churchill.

On 14th November Dr. Vivien Newman, author of several books about *First World War Women* will give us a talk about "Women who Refused to Go Home and Sit Still".

John W Harrison: phone 01621 854851 or Email johnwharrison@sky.com or.

From the COGCo (Group Co-ordinator)

There is nothing to report this month.

Gill Thorne: Email gillthorne2@hotmail.co.uk or phone 01621 852294.



Rear View through a Wing Mirror: Author Jill McGregor.

GROUP REPORTS

Art (Painting) Group

We've enjoyed a couple of full houses in August, which is surprising for the middle of the holiday season.

It's good to see our COG Michael back in the fold and looking really fit, as well as a couple of other members who have suffered health issues in recent weeks.

One or two of our number have decided to venture into artistic media other than watercolour painting, which is quite exciting and says a lot for the way the group works.

What started out for many beginners, five years ago, as experimental dabbling has now blossomed into a two-hour weekly exercise in self expression, with some superb results.

Members are also looking at, and for, sources of inspiration in a critical way instead of merely copying others or expressing uncertainty about what, and how, to paint.

Not that we don't welcome the odd visit and a little help from a more accomplished artist! Last time it was chickens and fluffy animals. What next, one wonders?

Report by Gill Carpenter

For information about the group contact, Michael Kempen: Email m.kempen159@btinternet.com or phone 01621 892974.

Bird Watching Group

There was no visit this month (August) for bird watching enthusiasts. The next get together will be the 26th September. If you would like to join us, please call me.

Maureen: Email symockturtle@yahoo.co.uk or phone 01621 869871.

Computer Group

The Group met, as usual, in August. The new Heybridge U3A Computer was used again by us.

This month we concentrated our thoughts on Emails. This proved to be a difficult subject, not that the subject was itself difficult, but that nearly everyone uses a different program.

During the afternoon more was learnt about how to resolve a problem than resolving the question in hand.

If you would like the help of a more experienced computer user to enable you to get more from your own computer please come along to our next meeting. The Computer Group Meetings are held in the Claydon Room in Plantation Hall on the third Thursday of each month at 14:00 when you will be made welcome. Just come along.

Ian Newman: Email ian.newman@tiscali.co.uk or phone 01621 891184.

Creative Writing Group

We heard nine very different tales this month. Some members had found the task challenging but the end results were worth the effort. Next month we will be writing about a wish. We will be meeting on Wednesday 24th September, 14:30 at my house.

Angela Pleasance: Phone 01621 850310 or email angela.pleasance@hotmail.co.uk.

Croquet Group

We had a three-week break due to there being five Thursdays in July and my absence on holiday on Lake Como, reminiscent of the Scottish saying "If you can see the distant hills, it's going to rain – if you can't, it's raining". Although slightly depleted by other commitments, eight of us met on our only August outing. Once again the unpredictable weather favoured us with a fine day. Several potential group members have had to call off for now, but the level of interest bodes well for the future. With three lawns now available and adequate equipment, we can accommodate a few more, so if you fancy, even the occasional game, please contact me.



On the Croquet Lawn: Author John Gorrie

Meeting on the first and third Thursdays of the month for 10 o'clock start at Forrester Park, we're

now approaching the end of the season, but we'll continue as long as the weather allows, probably through October.

John Gorrie. Email gorries@jprag.myzen.co.uk or phone 01621 854006

Discussion Coffee Morning Group

There were seven of us at Margaret Clark's house for our August meeting. We thoroughly enjoyed the home made savouries and tea/coffee which Margaret kindly provided. Obviously in a serious frame of mind, which is not always the case, we talked about the proposed September vote for an independent Scotland. We also touched on the subject of racial discrimination across the years. This was made more interesting by the stories from some of the group who had travelled to countries where apartheid had been part of life.

Our next meeting will be at 11:00 on Friday 19th September at Jean Murray's house.

Margaret Brown: phone 01621 854885 or Email mbandmeg@btinternet.com.

Family History Group

At our August meeting there was a lot of useful information being passed backwards and forwards across the table. We again looked at websites which can give us more information about our relatives during WWI. We talked about keeping records. Roger gave us a glimpse of how he keeps his up to date. Liz showed us her family tree on paper (which was so long it nearly went from one end of the room to the other) and said she would like to put it all on the computer. Norman showed us, explaining how he has put all his Tree and associated information onto his computer.

Our next meeting will be Thursday 25th September 10:30 to 12:30 at my house as usual.

Lesley Pomphrett: phone 01621 817733 or Email lesleypommy@hotmail.com.

French Conversation Group

In August, our group read an article on how the French are coping with the economic downturn by not going away on holiday. It stated how nearly half of them will either be staying at home or staying with friends or relatives. In Paris for the Parisians the council build, each summer, three beaches along the banks of the Seine. The newspaper "Liberation" has nicknamed them Sainte-Mer-la Deche which translates as "St Broke

on Sea". They are very popular, but of not much use to the local economy as very few can afford to buy meals, ice creams, entertainment etc. They hope that the British will return in force to save the tourism industry.

If the G.L.C. decided to do something similar, it would be possible perhaps to put beaches to the south of the Thames by the National Theatre and the gardens upstream, but can you imagine the sheer chaos which would result from the closure of the embankment and the dumping of the equivalent of half of Clacton beach on it? I leave it to your imagination!

Our meetings are held on the second Wednesday in each month starting at 10:00.

Report by Pat Newman.

For further information please contact:

Jenny Parker: email jennyparker14@hotmail.com or phone 01621 843581.

Gardening Group

We had yet another lovely afternoon for our visit to Ingatestone Hall. The house was very interesting, but we were disappointed with the garden, so I'm glad we didn't go just to see that.



Ingatestone Hall: Author Pat Yates

Our last visit for this year (26th September) is to Woodpeckers near Burnham-on-Crouch, which we have been to before, but it is well worth a second look. Details of how to get there are in the Yellow Book. We will meet there at 14:00, and the cost is £3.50. Tea will be available. Let me know if you would like a lift.

Hope to see you there, especially if you haven't been on a garden visit before.

Pat Yates: Email pat.yates@tesco.net or phone 01621 892866.

Italian Conversation

Currently it is not possible to resume the Italian Conversation Meetings. As soon as it is practical, Members will be advised as to what is happening to the Italian Conversation Group.

Ian Newman (Editor).

Local History Group (LHG)

We had a full complement for our walking tour of historic Colchester on a fine August afternoon. Our excellent guide led us to parts that many of us didn't know existed and was full of interesting information, even about the bits which we knew.

We next go to visit the National Trust owned Bourne Mill when the custodian is opening specially for us. We should also have full numbers for this September visit. I will be sending out final details shortly.

Elphin Watkin is coming to our October meeting to talk about 'All Saints' Spire and Adventures with Cecil Hewet'.

Carol Greenhalgh: phone 01621 840339 or Email george.smeed@virgin.net.

Luncheon Group

Our 22nd August lunch was at The Lion Inn, Boreham.

Although I had nine names at the 8th August monthly meeting, only seven made it on the 22nd August.

We had an enjoyable meal and even managed to get everyone served with either their starter or main courses at more or less the same time so no one was left sitting hungry.

For September, the 26th is the planned date. I have not made any reservation because with such low numbers participating, it is not necessary. I propose to go to The Compasses, at Pattiswick, and a list will be in the Committee Room on 12th September. For those attending the meeting please check the list and confirm. Others please e-mail or phone to advise me of your intentions.

New members to Heybridge U3A, as well as existing members, are very welcome to join us.

If you have any queries please speak to me at Friday's meeting, phone or e-mail.

John W Harrison: email johnwharrison@sky.com or phone 01621 854851.

Patchwork Group

The next meeting of the Patchwork Group will be in the Claydon Room on Monday the 8th September at 14.00.

Anne Thorpe; Email Anne.thorpe@btinternet.com or phone 01621 850828.

Petanque Group

In August we had an amazing mixture of weather but luckily mainly warm, just right for our weekly games. We only had to shelter once. However, at the end of the month most of our members were on holiday and with another Bank Holiday, we will now be preparing for our last seven weeks of the season. In the local newspaper they are now reporting Petanque under a heading in the Sports columns. So it is now becoming local news. The name, Petanque, is derived from two French words for feet and tied meaning that you have to stand to throw with your feet in a 50cm circle and cannot step forward as in lawn bowls. So if you want to try it you have until the middle of October or wait until March in 2015.

Barbara Barbrook. Email c.barbrook@sky.com or phone 01621 855605.

Photography Group

We had an interesting and enjoyable change to the meeting this month, when Alex brought twelve large mounted prints of photographs which were loaned from past competitions; at Colchester and Ipswich photographic Clubs (not U3A). They were all of high quality.

Members were grouped into 3 teams of 4, to review each print. Points were awarded for each, with a maximum of 20 points. The print subjects were of varied types and subjects, with techniques which, as a group, we haven't really encountered before. Therefore, we were covering new ground, and it was not so easy to comment on a particular example. There were misty mornings, rocky crags, sea views, high contrast dusk landscapes, subtly lit portraits, plus some abstracts.

Interesting discussions followed, debating which prints were most highly regarded. There was no consensus. Maybe beauty was in the eye of the beholder (ie. the judges).

We also had our regular exercise to capture images of a particular subject. This month's being "Rear View". Ian loaded these on to the computer while we were judging the prints, which saved us a lot of time. Examples displayed from members included rear views of individuals within interesting

vistas, of dwelling houses with unusual subject matter, of plants, or of animals which were maybe not co-operating.



Three Children on the Beach: Author Christine

Two photographs of the standard achieved by our members are shown above and on Page 3.

With the influence from some of our experiences of "Judging" prints this month, we decided that the subject for September's exercise would be "Dawn or Twilight (Dusk)". Members will show their best examples captured, at our next meeting on September 4th. If members can email their contributions to Ian (ian.newman@tiscali.co.uk) so that they can be set up prior to our next meeting.

We also agreed to have another print "Judging" session at the September meeting.

Report: Pat, Alex and Norman

Until Peter returns please contact Norman Groves
Telephone 01621 842805 or Email
norman.grove@gmail.com

Reading and Books Group

Our book for August was A Ghost at the Door by Michael Dobbs. The main character, Harry is trying to find the truth about his dead father and their fraught relationship. Harry has already lost almost everything including his seat in parliament, his reputation and his fortune. What starts as a gentle enquiry uncovers a trail of murder that dates back to his Father's student days.

The book has all the usual thriller ingredients: rugged hero, beautiful heroine, bumbling policemen and deadly deeds, which in this case, revolve around a small, mysterious group of powerful people who became friends half a century earlier, as undergraduates at Oxford.

Dobbs says he wrote the book because he had been exploring his family history for years. He

says he knew of only one of his four grandparents and it was not until his late teens that he came to the conclusion that what little he had been told about them was untrue.

The book was enjoyed by all as a bit of adventure and escapism and a general discussion took place about families and their secrets.

The next meeting is to be held on Thursday 18th September (Note change) at Carole's house. Further information from Carole Overy caroleovery@sky.com or 01621 893450 by:

Email: caroleovery@sky.com or phone 01621 893450.

Scrabble Group

We had two interesting and enjoyable games at the August meeting with Elizabeth introducing some 'new' words that appear in the latest version of the official Scrabble dictionary. Two letter words can be very handy when you're running out of options so you could use OS - a bone, AA - lava, GU - a Shetlands word for a violin. Then there's AY, LO, PO, MA, YO and OM! We mostly use more well-known words but the English language is constantly changing and always has done, and it's good to extend your vocabulary. The next meeting is on Tuesday 23rd September at 14:00 in the Committee Room at the Plantation Hall. If you would like to join us do contact me, details below.

Linda Etherton Telephone: 01621 843702 Email: ethertonbikes@aol.com

Solo Whist

There was no meeting in August and there will not be a meeting in September. The next meeting will be on the 8th October at 14:00. Please contact me for further information.

Dave Mason: phone 01621 858635 or Email
tina@tina832.orangehome.co.uk

Technical Computing Group

Due to personal circumstances I was unable to have a Technical Computer Group meeting this month. The September meeting will take place as normal.

Colin Mason

The next meeting will take place on Thursday the 11th of September.

Again, if any U3A member is interested in coming along to a future meeting, please contact me.

Colin Mason:

Email colin@mason20.wanadoo.co.uk or phone 01621 854906.

Ten Pin Bowling

Our gathering on 12th August was made up of 9 enthusiastic bowlers and we played in just 2 lanes as Madison Heights was busy with school holiday customers.

Jackie was on fire from the start and after several strikes and spares made a personal best score of 134 in her first game. Dynamite Graham powered his way to 176; the best score of the day. Geoff also scored a personal best score of 147 in his final game of the three we each played. Well done to the three stars of the day.

There is a lot of revamping going on at Madison Heights. This means they are taking away several bowling lanes which we hope won't be a problem for us, certainly not out of school holidays - I guess.

We need some new members so please come and join in to what is a really fun afternoon. No experience required and you will be amazed at how you can improve with regular playing (or possibly not in my case!).

Next meeting at Madison Heights is 13:45 for 14:00 Tuesday 9th September. The one following is Tuesday 14th October.

Lynne Morrison. phone 01621 891288, Email lejmmorrison@gmail.com (m. 07771 880757).

Threads and Fabrics Group

At our August meeting we talked of how the materials used to line items are often not seen, but can be as, if not more interesting and amusing, than the beautifully worked fronts. My photograph this month is a case in point. The richly coloured right side is of cats sitting in their rectangles, but the wrong side is of anarchical animals scattered over a pale background which remind me of the musical "Cats".



Cats: Author Pat Newman

The Threads and Fabrics Group, which is held in one of the member's home each month, cannot accommodate more members. The use of a member's home for the meeting is central to the core of this group. However, members of this group would be happy to assist anyone to start another group on the same or similar theme. We will be keeping a list of interested people.

The meetings are held on the first Tuesday of each month starting at 14:00. Please speak to Pat on this subject.

Pat Newman. Email ian.newman@tiscali.co.uk or phone 01621 891184.

Walking Group

The Papermill Lock Walk: The less said about it the better. To look on the bright side, no-one got struck by lightning or washed away when the lane turned into a river, and they let us into the tearoom although we were dripping all over the floor. And not many of us had to throw away our shoes.

For those brave enough to face another outing, we'll stay closer to home and do the circular walk along the canal/river to Beeleigh then back into Maldon to sample one of the many tearooms. We will meet at Tesco car park by the steps onto the seawall at 14:00 Thursday 11th September. Please let me know if you can join us.

Elizabeth: Email e.m.e@talktalk.net or phone 01621 850618. (Mobile 07581029816).

Weekenders Group

This month a few of us had a pleasant coach trip to Woodbridge and Helmingham Hall and Gardens.



Weekend Members at Helmingham Hall Gardens.

The weather was kind and we spent some time exploring Woodbridge and enjoying lunch there,

and in the afternoon travelled to Helmingham Hall to wander around the formal gardens. The house looked very interesting but unfortunately was not open to the public.

At last, this month we were able to have an enjoyable coffee morning at the Salty Dogs Cafe at Goldhanger. On the last two occasions we had planned to go there it was closed but now we know the cafe is shut for the Winter so perhaps we can visit again in the Spring. The next coffee morning will be at a new venue, Osea View Caravan Park. It has been tried out by a couple of regular Weekenders and the verdict was OK.

Dates for your diary:

- Saturday 13th September at Osea View, Osea Caravan Park, Goldhanger Road at 10:00.
- Saturday 11th October at Wilkin's Jam Factory at 10:00

For further details please contact Marilyn.

Marilyn Corbett: Email mars42@btinternet.com or phone 01621 817518.

Wine Appreciation Group

The rain stayed away for our BBQ in August and the fun quiz proved that we are learning more about the properties of wine and winemaking that we realized. There will be no meeting in September as we decided that a visit to New Hall Wine Festival at the beginning of the month could be made at any time over the weekend.

In October we plan to have our last meeting of the year, when we will discuss Spanish wines. Spain produces many good quality wines that are freely available in this country at a reasonable price. It isn't just Rioja! We will meet at my house, as usual, at 14:00 and bring along our thoughts on the Spanish wine we have enjoyed. To accompany this there will be Paella and a tasting of the popular wine based drink Sangria. New members always welcome.

Jackie Jones: Email jachjones@tiscali.co.uk or phone 01621 817117.

Detail of Events:

Further Information and Details of Events

The following events are planned for this and next year. Please note that in future members will be asked to pay for outings in full, six weeks before the trip date. If the trip later proves not to be viable, the money will be refunded in full.

Chatham: The trip to Chatham Dockyards has been cancelled.

OCTOBER 2014: A Social Evening. Plantation Hall is booked for Saturday 25th October, 18.30 to 21.30. There will be a fish & chips supper; a quick quiz, a free raffle and lots of board games! Cost £8.00. I can arrange transport for anyone needing it. Bring your own drinks. Last date for signing up and payment, 12th September.

NOVEMBER 2014: Thursford Christmas Spectacular 2014. Full details will be sent to travellers as soon as I have them.

FEBRUARY 2015: A guided tour of Basildon Tractor Plant has been arranged for 13.00 on Wednesday 25th February 2015. The tour will last approximately three hours and will cost £6.00 each, including tea / coffee and biscuits on arrival. There is a large car park, but please car share if possible. More details later. Please sign up early to avoid disappointment as 15 is the maximum number for this trip.

MARCH: UK Supreme Court. All 25 places for this tour on Friday 20th March have been taken, but if just five members wish to join us for a coach trip to London the coach fare for all would be £15.00 pp. Otherwise the plan is to take the train - 'car sharing' to Chelmsford *Park and Ride* for bus then train - Chelmsford to Westminster in time for lunch before the tour begins at 14:00. Cost of the tour is £3.50 and lasts one hour. Final details re coach or train in January 2015.

APRIL: Kew Gardens. I have provisionally booked a visit to Kew Gardens for Monday 27th April 2015. Cost approximately £28.00. You may like to take a tour of the site on the Kew Explorer land train - hop on/off at any of the seven stops on the site; £3.50 for the day (booked in advance). The National Archives at Kew are adjacent to Kew Gardens so anyone wishing instead to study there could join the group for the day. Admission to the Archives is free, so cost would be for coach only. Details to be confirmed later. Please sign up to show interest so that I can make a firm booking by September 2014. Payment will be due in February 2015 if the trip goes ahead.

Also planned for 2015.

A visit to the beautiful English Heritage property Audley End House, near Saffron Walden.

A day cruise on a Thames Barge from The Hythe.

Please sign up for the events and contact me with any queries.

Pat Smith; Email patcleary98@sky.com or phone 01621 856569

Association of Essex U3As

Association of Essex U3As Study Day 2014

The Association of Essex U3As Study Day Information is now out and has been distributed. Once again it is to be held at the Plume School on Tuesday, 28th October 2014. There is no new information about availability. We have been told that there are some 240 applications.

We have been asked again this year to provide more volunteers for the Study Day. Please give your names to Joyce Woodham or Ian Newman (See page 1 for contact details).

Association News

There is nothing new to report this month.

Joyce Woodham (See page 1 for contact details).

On the Notice Board

Items from the latest mailing that might be of interest to members.

- The U3A Diaries have now arrived. They can be collected from Linda at the next Monthly Meeting.
- U3A Walking guides: the two new walks now available are Flint and Dartmoor, at £3.75 each inc p&p.
- Some popular U3A Events are being repeated: 'U3A Explores Science' at The Royal Institute on 30th September, admission £20 and 'Exploring Elgar' on 15th October at the Elgar Birthplace Museum; £17 including lunch. Inspiration Day for U3A Members, at the Royal Opera House, Thurrock. £18 and a U3A West End Sing Out on 22nd October at the Playhouse Theatre in London, £35.
- Cheltenham Literary Festival - U3A members are offered reduced prices and preferential advanced booking. Dates 3rd - 12th October. Preferential U3A booking starts 29th August and deadline is 31st August, from the Festival Office 0844 880 8094 quoting U3A 14.

Contact Linda Etherton for further details. (See page 1 for contact details).

Co-operation between Maldon Area U3As

Details of the ways in which we can work more closely for the benefit of all members continues to be developed and details provided when they are known.

Contact Joyce Woodham for further details. (See page 1 for contact details).

From the Third Age Trust

Copies of the following have been attached to the Heybridge U3A Notice Board:

- A flyer advertising a second U3A study day at the National Gallery on 26th November 2014.
- A flyer giving details of a screening of Cinderella, a production by the Dutch National Ballet, on 19th November 2014 at the Odeon Covent Garden.
- Information on a new series of dates at the Brooklands Museum in 2015.
- A newsletter from Alastair Sharp, our National Subject Adviser for German.
- A copy of the Annual Report and Accounts of the Third Age Trust for 2013/14, including a budget for 2014/15.
- U3A Explores Science at the Ri - 30th September.
- House of Lords Chamber Event 28th November 2014

More details for the above can be found on the Heybridge U3A Notice Board.

From Other U3As

Blackwater U3A

Blackwater U3A in association with the Fab Four Maldon U3As are holding a Ceilidh with Metric Foot on Friday 17th October.

Venue: West Maldon Community Centre: Time: 19:00 to 23:00. The tickets are £8.00 each and includes a Ploughman's Supper. Bring your own drinks.

Tickets available at the September Monthly Meeting from Linda Etherton (Cheques to Blackwater U3A).

Basildon & Billericay U3A 25th Anniversary

Basildon & Billericay culminate their 25th anniversary celebrations with a day of fascinating talks by four speakers, each talking about various aspects of Essex history. The speakers will be Lord Petre, William Tyler, Vincent Worley and Patrick Denny.

The function will take place at the Mayflower High School, on Stock Road Billericay, between 10:30 and 4pm, with **tickets costing just £17**.

Full details can be found on the Notice Board.

An email copy of the full notice can be sent to anyone interested in attending.

Limebrook U3A

Limebrook U3A Bridge Group are looking to recruit new members. We are a small group comprising both experienced players and people who have been taught to play by attending our meetings. We meet on the second and fourth Mondays in every month, at the West Maldon Community Centre at 13.00 to 15.00. If you can play Whist and are either a bit "rusty" or are keen to learn how to play Bridge, then why not come along and give us a try. Contact the Group Co-ordinator, Brian Hunt 01621 781048, Email brianhunt77@hotmail.co.uk for further information.

The Maldon U3A Local & General History group have organised a trip to Flanders feeling it would be appropriate as part of the commemoration of the First World War.

The trip is to take place from Monday 27th April 2015 (3 days / 2 nights) and the cost will be approximately £314 depending on numbers. We still have a few places if any member is interested.

For further information on the itinerary please contact the coordinator - Mary Burd on 01621 843020 or email maryburd43@yahoo.co.uk

Wine Tasting in Kent – Tuesday 12th August.

The Wine Groups are arranging a coach trip and spaces may be available to any U3A member. The proposed itinerary is:

Depart West Maldon Community Centre at 08:30 to arrive Chapel Down Winery, Small Hythe at 10:30 for a guided tour and tastings. We leave at approximately 12:30 to travel to Biddenden Vineyards. On arrival a ploughman's lunch will be served followed by a guided tour and tastings. We leave at approximately 16:30 to arrive back in Maldon at 18:00.

Total cost including lunch £37.

To book a place please contact Paul Costa on 01621 853893 or email paul@costa.me.uk

Limebrook U3A

Arrangements about a trip to Ingatestone Hall where a private tour and cream tea are being arranged. The date of the trip is 21st August 2014 at 13:00. Price and travel arrangements not yet available.

Contact Marion Rice for further information.

rice2pudding@yahoo.co.uk

Other Information

None

Group Name, Co-ordinator, & Contact Phone Number

Group Name	Co-ordinator (COG)	Telephone Number
Art (Painting)	Michael Kempen	01621 892974
Bird Watching	Maureen Lenoir	01621 869871
Coffee Morning	Margaret Brown	01621 854885
Computer	Ian Newman	01621 891184
Creative Writing	Angela Pleasance	01621 850310
Croquet	John Gorrie	01621 854006
Family History	Lesley Pomphrett	01621 817733
French Conversation	Jenny Parker	01621 843581
Gardening	Pat Yates	01621 892866
Italian	Janice Slight	01621 853393
Local History	Carol Greenhalgh	01621 840339
Luncheon	John Harrison	01621 854851
Patchwork	Anne Thorpe	01621 850828
Petanque	Barbara Barbrook	01621 855605
Photography	Peter Thorpe	01621 850828
Reading & Books	Carole Overy	01621 893450
Scrabble	Linda Etherton	01621 843702
Solo Whist	Dave Mason	01621 858635
Technical Computing	Colin Mason	01621 854906
Ten Pin Bowling	Lynne Morrison	01621 891288
Threads & Fabrics	Pat Newman	01621 891184
Walking	Elizabeth Eastwood	01621 850618
Weekenders	Marilyn Corbett	01621 817518
Wine Group	Jackie Jones	01621 817117

Diary of Meetings and Visits

For details see articles and co-ordinators above

Week Starting	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8 th September	8 Patchwork 14.00 Petanque 14.00	9 Ten Pin Bowling 14.00	10 French Conversation 10.00 Gardening 14.00	11 Technical Computing 14.00 Walking 14.00	12 Monthly Meeting 14.00	13 Weekender Osea View Osea Caravan Park 10:00	14
15 th September	15 Petanque 14.00	16 Local History 14.00	17	18 Computer 14.00 Croquet 10:00 Book Group 14.00	19 Coffee Morning 11.00 Painting 14.00	20	21
22 nd September	22 Petanque 14.00	23 Scrabble 14.00	24 Creative Writing 14.30	25 Family History 10.30	26 News Copy to Editor Painting 14.00 Bird Watching Gardening 14.00 Luncheon	27	28
29 th Septembe	29 Petanque 14.00	30	1 st Oct	2 Photography 14.00 Croquet 10:00	3 Committee Meeting 10.00 Painting 14.00	4	5
6 th October	6 Petanque 14.00	7 Threads 14.00	8 Solo Whist 14.00 French Conversation 10.00	9 Technical Computing 14.00 Walking 14.00	10 Monthly Meeting 14.00	11 Weekender Wilkins Jam Factory 10.00	12
13 th October	13 Patchwork 14.00 Petanque 14.00	14 Ten Pin Bowling 14.00	15 Book Group 14.00 Wine Appreciation 14:00	16 Computer 14.00 Croquet 10:00	17 Painting 14.00 Coffee Morning 11.00	18	19
20 th October	20 Petanque 14.00	21 Local History 14.00	22 Creative Writing 14.30	23 Family History 10.30	24 Painting 14.00 Luncheon Bird Watching	25 Social Evening at Plantation Hall 18:30	26
27 th October	27	28 Scrabble 14.00	29	30	31 News Copy to Editor Painting 14.00	1 st Nov	2