



THE UNIVERSITY OF THE THIRD AGE

Heybridge U3A

News Sheet No.6/2018

July 2018

<https://u3asites.org.uk/heybridge>

Archive www.heybridgeu3a.org.uk/news.html

Registered charity number 1160360







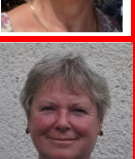
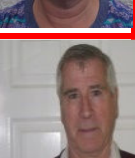
Your Committee

	Page Number
Your Committee	1
From the Chairman	2
From the Editor	2
Membership Secretary	2
Interest Group Coordinator	3
Monthly Meetings	3
Group Reports	3
Detail of Events	14
Third Age Trust	14
On the Notice Board	14
From Other U3As	14
COG Names and contact details	15
Diary	16

Refreshment Group Rota

July	Music Appreciation
August	Needlecraft
September	Painting 2
October	Patchwork

Please provide 3 people to serve refreshments

Chairman	Jenny Parker	
	chairman@heybridgeu3a.org.uk	
	01621 843581	
Secretary	Linda Etherton	
	secretary@heybridgeu3a.org.uk	
	01621 843702	
Treasurer	Jill McGregor	
	treasurer@heybridgeu3a.org.uk	
	01621 842595	
Membership Secretary	Philippa Moody	
	membershipsecretary@heybridgeu3a.org.uk	
	01245 381379	
Events Secretary	Liz Cawdell	
	eventssecretary@heybridgeu3a.org.uk	
	07902 294741	
Groups Co-ordinator	Hilary Furniaux	
	groupsco-ordinator@heybridgeu3a.org.uk	
	07411 450634	
Speaker Secretary	Jan Brown	
	speakersecretary@heybridgeu3a.org.uk	
	01621 856989	
News Sheet Editor	Geoff Hadley	
	editor@heybridgeu3a.org.uk	
	01621 852494	

NEWS FROM THE COMMITTEE

From the Chair

Summer has finally arrived and I hope you are all enjoying the sunshine! The fine weather is good news for those of our interest groups which meet outdoors, especially those which meet mainly in summer – Croquet, Gardens and Pétanque – as well as our walkers and birdwatchers, who brave the weather all year round. Let's hope it lasts!

There is no Essex Association Summer School this year but our local cluster of U3As – Blackwater, Heybridge, Limebrook and Maldon – is planning a joint event in the form of a presentation on how to protect yourself against Cyber Crime (i.e. hacking, phishing and spamming). This will take place on the morning of Wednesday 24th October and will be delivered by a computer specialist in conjunction with Essex Police. If you are interested, please put the date in your diary - further details will be circulated when available.

Finally, it wouldn't be summer without strawberries and cream, so do come along to our monthly meeting on 13th July when both strawberries and entertainment are on the menu.

Jenny Parker

From the Editor

The design of the Heybridge U3A News Sheet, and the reports that it contains, continues as a full-page layout but in a larger font. I would ask contributors to limit their photos to pictures of U3A generated activities and not copy pictures from Websites as, when published, this may be contrary to Copyright laws. Information about the Committee Members and their reports can be found in the first few pages. The back page shows the Diary for the months of July and August.

Please keep the Editor up to date with any interesting stories, relevant pictures or anything that relates to the Heybridge U3A, the Association of Essex U3As or the U3A movement as a whole. Please send details to me by email with 'Heybridge U3A' as the subject..

Contact Geoff Hadley editor@heybridgeu3a.org.uk

From the Membership Secretary

A majority of members has now completed Privacy Forms but there is still a sizeable minority who have not. You can collect a form from me at the main meeting or I can email or post {s.a.e. please} one to you.

Also available now are the In Case of Emergency cards which we would like all members to carry on them for U3A events and meetings. This just gives information on next of kin contact details and basic medications, allergies etc in case medical treatment is required. Please collect a card from me at the next monthly meeting.

Philippa Moody E-mail membershipsecretary@heybridgeu3a.org.uk

Interest Groups Coordinator

Nothing to report on the new Needlecraft group yet as our first meeting is next week.

We have not progressed very far with the "Be in the Audience of a Show" yet as I have been away on holiday for 2 weeks. However I will be liaising with the potential COG to get some more information as to how this would work in the next few days and will then contact everyone who put their names down on the list. Following on from the response to that, I will hopefully be able to arrange for the group to get together to discuss your first show!

I have joined the Weekday Lunch Group and we had our first meeting at The Pavilion in Heybridge and feel confident that it will be a successful group with Jean Perrott as COG. Every month will be at a different location so please see Jean's report each month for the next location.

If any Member would like to join one of the groups mentioned above or has an idea for a new Group and would be willing to be the COG please either speak to me after the meeting or contact me using the details below.

Hilary Furniaux groupsco-ordinator@heybridgeu3a.org.uk

Monthly Meeting Speaker Programme for May to June 2018

Fri July 13 th John Hayes	Blackwater U3A	Songs for Summer
Fri Aug 10 th Andy Bennett		Social History through an Austin 7.
Fri Sep 14 th Colchester Zoo its history, modern day role and conservation arm 'Action for the Wild'		
Fri Oct 12 th History of Surnames -	Charlie Haylock	
Fri Nov 9 th History of Harrods -	Eve Regelous	
Fri Dec 14 th Heybridge Xmas Party	U3A Ukulele Group	

I always welcome your comments, if you enjoyed a speaker, or not. Feel free to speak to me at our monthly meeting or send an email to the address below. It helps me to plan future meetings. Please let me know of any talks you may have heard and think others would find interesting

Jan Brown E-Mail speakersecretary@heybridgeu3a.org.uk

GROUP REPORTS

Art Group

The other day my much-loved but grossly overfilled art bag collapsed. I mention this because it forced me to turn everything out in a heap - my sketchbooks and paper, paints, brushes, palettes, pencils, charcoal, several books, postcards and other source materials - in fact pretty much everything I've used during several years' membership of Heybridge U3A Art Group. Having removed a few of the source books, filled sketchbooks and various items of unused equipment totalling about 10% of the whole sorry heap, I then proceeded to stuff everything else into an enormous shopping bag as a replacement carrier. Meanwhile, my grandson retrieved my original 'broken' art bag, fiddled with its two big zips and pronounced it miraculously healed. Reluctantly I examined it and found this to be true - which forced me to empty the contents of the giant shopping bag in another big heap and discard a whole load more stuff which I hadn't used in years and was unlikely to use in the foreseeable future. Now it all fitted nicely into the original bag with room to spare, so I added a few more inspirational items from my collection of art and photographic books. The moral of this tale is: when it comes to creativity, less is more. Never again will I overload myself, or my art bag, with needless clutter. Instead I shall replace it with stuff that inspires creativity. Only time will tell if my theory works. Why don't you give it a try sometime? For information about the group contact, Tina Martin

Bird Watching Group

This month we went to EWT Abberton Reservoir on a hot and sunny day. The most noticeable wildlife at Abberton at present is the huge number of Canada geese on the water. They have obviously had a very good breeding season this year. In amongst the geese you can still find Little Egrets, Tufted Ducks, Pochards and Great Crested Grebes as well as Common Terns fishing to feed their young. We visited all 3 hides on the reserve and walked back through the woodland. Although we could hear many small birds singing in the trees it was almost impossible to spot them amongst the lush green leaves. This being Abberton, we retired to the café for refreshments before completing our trip by visiting the new hide at Billets Farm. Many swallows were making the most of swarms of small flies in the farm yard but you won't see the birds if there is no food for them.



Canada Geese Gaggling at Abberton Jill

For more information, please contact Maureen Lenoir

Cards and Paper Crafts

We meet on a Monday. Our next dates are Monday 6th August and 3rd September. We are all trying new ideas and see how we all get on.

Thank you. Lesley Linda Please contact Lesley for details.

Creative Writing Group

We welcomed a possible new member to our group this month and I hope that he enjoyed his afternoon.

The subject, "I am glad it was not me", inspired interesting pieces both factual and fictional. One, based on fact, was a description of the Maldon mud race and has inspired me to make it a date in my diary next year. Our new member read a story that was both shocking and fascinating. It concerned a shooting at a wedding and the reactions of some of the witnesses. We were all drawn into the story and want to know more; I hope the writer continues and turns this into a serial for us.

After the 'work' we adjourned to the garden for tea and biscuits, it being far too nice a day to sit indoors.

The next meeting will be at my house (DV) at 2:30pm on 25th July. If there is any change to the venue I will let the group members know. The subject is, "The Pond".

Angela Pleasance

For information about the group, please contact Angela Pleasance.

Croquet Group

We have now got into the swing of Croquet, having had a rather late start to the season. Everyone seems to be enjoying themselves and play is improving. The first session of the month had proved challenging for a few members, who had to play with the old round and plastic mallets, as so many turned up, but this did not daunt them!

The second session we only had fourteen of us which made life easier re the mallets. There were many 'Oh's' and 'Greats' sounding across the lawns, as well as a lot of laughter but, Gill and Graham both hit a 'Hoop in one' and George managed a 'Jump Shot', well done. We play twice a month for gentle exercise, good company and fun.

Anne Newson:

Discussion Coffee Morning Group

We met at Lesley's house on Friday 15th June. It was a very pleasant sunny morning and we sat with the windows and patio doors wide open.

As we chatted away we saw a muntjac deer happily strolling through the garden and a little later a tiny young blue tit flew in through the open door and circled around anxious to find the way out. Lesley carried it carefully back to the garden and hopefully to safety.

We managed to fit in a few random topics including the changing attitudes towards homosexuality compared with some recollections from times gone by.

At some point we discussed wonky or ugly fruit and vegetables, now widely available, with no apparent taste difference but sold at a slightly cheaper price. Some people are put off by the odd look!

Lesley provided some lovely savouries and biscuits which we enjoyed with our tea/coffee.

Our next meeting will be at 1100am on Friday 20th July at Marilyn Corbett's house.

Margaret Brown

Family History Group

This was my first meeting as the new family history COG.

It was fairly painless, and although thin on the ground, good fun, with great company.

The discussions became centred mainly on, not so much the family history of a bygone era, but more within our own lifetime, after all we are ourselves still making family history.

We chewed over how family values have changed - from our grandparents to more than a century later (my grandmother was born 1883) down to our grandchildren.

Were they the 'good old days' or are they better now? Answers on a postcard please.

Sadly no more news on Cape Verde – but the bags are packed and ready!

The 107 year old bible I found in a bin at the recycling centre in Southend has become challenging.

It was given to a Mr. or Mrs. A Byford under the terms of the will of Sir George Williams founder of the YMCA.

Hopefully one day I can return it to one of A Byford's descendants.

Linda showed us an enviable book of the history of the Handley family, compiled by a relative, and sadly the only known copy. Linda is looking to have it copied/scanned/reprinted without letting it out of her sight. Very advisable.

Jean Roberts

The next meeting will be Thursday 26th July 10.am at the Plantation Hall.

French Group

French conversation



1968 – 1st man on the moon

I was absent for the July meeting, so thanks to Linda who kindly led the group and wrote the following report:

A select group of four spent this month's meeting discussing our recollections of 50 years ago – specifically surrounding the large student unrest in Paris in 1968. This led on to what we all were doing around that time and we found ourselves reminiscing surprisingly easily in French. All very enjoyable.

La prochaine rencontre sera mercredi le 11 juillet à 10h chez moi.

French Improvers

Our focus in June was the imperfect tense, which is used to say what things were like in the past or what you were doing during a particular time.



We read an extract from <La Gloire de mon Père> by Marcel Pagnol, which was also a successful film. In it, he recalls happy memories of his childhood in Provence and describes the house in which he used to live.

Next month, we will attempt to talk about what life was like when we were young.

The next meeting of the joint group will be on Monday 23rd July chez George.

I cannot attend this, but will attend the ***Blackwater Group meeting on 9th July chez Carol S.***

For further information about either French Group, please phone Jenny Parker

Gardens Group

Sunday 22nd July - 2pm

Brightlingsea gardens, Brightlingsea, CO7 0JF (37 miles)

There are three interesting and contrasting gardens to visit, including old cars and an engineering workshop. Please see the Yellow book for more details.

Combined admission cost: £5.00, light refreshments available. If you would like to come for the first time, you will be very welcome

Pat Yates.

Local History Group

There was not a June meeting. In July, we have a guided heritage walk and visit to the museum in Rayleigh.

Please contact Carol for more information. Carol Greenhalgh

Music Appreciation Group

If there was a theme for our June meeting it was that almost everything we heard was gorgeous! However opinion was divided about *Metamorphosis Two* by the American minimalist composer Philip Glass. This is a piano work which repeats a couple of phrases to a great soothing and hypnotic effect, but some others in the group felt it was not a work they would willingly hear again!

As ever, we covered several centuries of musical composition from Piccinini's work of around 1600 for lute and Baroque guitar, to a harp version of *Fireflies* created by an electronics project known as Owl City in 2009.

We started with a little known work for piano and orchestra written in the 1920s by the English Composer Gerald Finzi. His composition called *Eclogue* (a word defined by dictionaries as a rural conversation or even a 'dialogue between shepherds'!) deserves to be much better known as it is truly beautiful and evokes the calm of the countryside after the horrors of war. We also heard a wonderful performance of another English composer, John Tavener's, choral work *Song for Athene* which became well known after it was sung at Princess Diana's funeral, although it had been written in 1993 in memory of the death of a family friend in a cycling accident.

Our brass band moment this month came from the Kettering Citadel Band who gave a lovely performance of *Repton* by Hubert Parry which is better known as the hymn tune *Dear Lord and Father of Mankind*. It transpired that at least two of us had chosen this hymn for our weddings.

Our meeting was filled with a great variety of lovely music including Procul Harum's *A Whiter Shade of Pale*, Handel's *Eternal Source of Light Divine* (which featured in the recent Royal Wedding), Janet Baker singing *The Angel's Farewell* from *The Dream of Gerontius* by Elgar, *The Ashokan Farewell* (it was written recently by an American, and is not an ancient Scottish folk tune as I had assumed), Mendelssohn's *Violin Concerto* and *Gabriel's Oboe* written by Morricone and used in the 1986 film *The Mission*.

In order to wake us up from these soothing strains we heard *Music for the Royal Fireworks* by Handel and finished with a joyous performance of the *Conga del Fuego* (The Conga of Fire) by Gustavo Dudamel and the Simon Bolivar Youth Orchestra from Venezuela. The rhythms were obviously in their bones and this huge orchestra seemed to be living, and not just playing, the music which made you want to get up and dance!

Philippa Moody

Painting 2

We have two more people joining us for our group meeting on 9th July in the Claydon Room at the Plantation Hall. We are getting established as a new group offering an opportunity for members who are complete beginners. Also for those who have had instruction previously wishing to spend a pleasant afternoon in the company of other artists and can help beginners if they need it. The variety is endless using watercolours, or acrylics, pastels or pen and wash, and some are using photographs or pictures as copy material. I look forward to seeing if members of the group have finished pictures started last month so we can see them all for inspiration..

Patchwork Group

Please note that we will be taking a summer break and there will be no meetings in July or August.

For more information contact Anne Thorpe 01621 850828..

Petanque Group

Excellent attendances all this month, really beautiful weather, almost too hot! (shh... not really complaining!) Both our latest new members, Clive and Ray have joined us for play too, which is great. The Petanque Group now has 30 members, , obviously they do not all turn up at the same time, but it means we always have a good turnout most weeks. A slight hiccup one week, when another U3A Petanque Group turned up to play a match the same time as our normal Monday session, proved to be a bit difficult, but luckily we were able to all play on the same Terrain at the same time...I don't think they will make the same mistake again! Happy Days!!

Best Wishes Dian Bayley

Photography Group

We met in our usual venue to view and discuss the "Water" assignment photographs we took during May. As usual our members had taken photographs of the subject in a wide range of conditions and locations. Jill had been out in the Pacific in a small open boat looking for whales, where was lucky to experience a baby whale rising from the watery depths right alongside! She managed to catch the moment on her camera - the water looks very wet and dangerous. We also saw water in waves, whirlpools, splashing over rocks, from fountains, over lock gates, through shower-heads and many other forms, there is a lot of it about when you look.



After the break we discussed various methods of supporting our cameras to enable us to take longer exposure times, without getting a blurred image from the dreaded "camera shake". We looked at tripods and how to support a camera from above head height to upside down and very close to the ground. We also looked at and discussed other methods of camera support including monopods and bean bags.

Grey whale play USA Jill McGregor

This all lead-up to the suggestion from a member that the assignment subject for the July meeting should be "Any level but eye level", I wonder what that will stimulate?

We do not meet in August, and our next meeting will be on the **6th. September 2018**. If you are interested in photography or want to understand more about your camera or cameraphone, you are welcome to come along and join us. We meet in the West Maldon Community Centre on the first Thursday of each month at 2.00pm.

Peter Thorpe

Reading and Books Group

We had an enjoyable discussion about "Americanah" by Chimamanda Adiche which was an interesting account of life and attitudes in America and Nigeria for black people.

Our next meeting will be on Wednesday 18th July at 2pm at Pat's house in Great Totham, when we will be discussing "The Pearl That Broke Its Shell" by Nadia Hashimi - a family story and portrait of Afghanistan in all of its perplexing, enigmatic glory.

If you are interested in joining the group, please email or telephone Margaret Hurst

Scrabble Group

The Scrabble Group managed to stay chilled for the June session, with cooling drinks provided. Despite Elizabeth suffering from hay fever she still managed to put down a 7-letter word. This not only gets the usual word score but also attracts a 50-point bonus. The rest of us managed some creditable scores along the way and some interesting words were played (comments along the lines of "is that a word or have I made it up?" are frequently made).

The July meeting is on Tuesday 24th July, at Angela Pleasance's house. If you would like to join us please let me know, we have several Scrabble boards available and are happy to encourage new players. Details of how to contact me are on the list of groups.

Linda Etherton

Technical Computing Group

Due to the holiday commitments of some members, it was decided to cancel June's meeting, insufficient members were available to make a meeting viable, it is decided to move the agenda to the July meeting.

New people are welcome, if interested, please contact me first.

Colin Mason

Ten Pin Bowling

Nine bowlers arrived for our session on Tuesday 6th June. Despite us missing the last two meetings Simon managed to be the top scorer with 143 and I managed 128 as top lady scorer. Obviously going on holiday has given us renewed energy!

Our next meeting will be on Tuesday 10th July at the usual time of 1.45pm for 2pm at Madison Heights. There will be a discussion with regulars to decide about whether, or not, to meet in August depending on numbers available to play. More details in next month's newsletter.

Lynne Morrison

Ukulele Group UKE3A

It may still only be early summer, but already we uke strummers are thinking we ought to start practising for the Heybridge U3A Christmas party. In other words, which carols would you like us to play and, if we play them, will you sing along with us? You did us proud the last time we were asked to play for the Christmas party. In fact you raised the roof, which was very gratifying and enjoyable. But that was three years ago. We Uke3A members tend to take our holidays later than most people. I will be away for the last ten days of July and most of August and Barbara will be away for part of September. I shall then miss quite a large chunk of late November and early December - all of which explains why we need to start thinking Christmassy thoughts right now! Now, where did I put that pile of old carol sheets?

Gill Carpenter.

Walking Group

Our June walk found us in Coggeshall. We started at The Grange Barn and had our tea break in Paycocks House café. The journey between the two started well, along a good path overlooking fields etc. As we turned to head towards the Blackwater river, the vegetation became higher and having crossed a tricky bridge, our intrepid group found ourselves shoulder high, and sometimes below the top of rampant borage that rather slowed our progress. We all knew that the walk would be through long grass/borage, but the height and nettles were a surprise. As we emerged from the jungle at the Coggeshall Town Football Ground, and viewed the start of the next path, discretion took over and we continued our walk along the street passing an eclectic range of buildings to the café.



A welcome cuppa and chat was enjoyed by all and set us up nicely for the short return to Grange Barn through the rest of this pretty village. It should be noted that normally there is a charge of £4 when using this National Trust property. Please contact the coordinator for more information. Linda Wells.

Weekenders Group

The weekenders met in June at a new venue for the group, in the pretty village of Terling. How to pronounce English place names? I was told years ago by the then 'old folks' in the village, that the 'er' in the name is pronounced 'ar' as in Berkshire and Derby, but most people now pronounced it as spelt. Perhaps another U3a member has the definitive answer. But however pronounced, Terling is a beautiful Essex village, and the small, delightful Owl Hill Tearoom was just big enough for the 14 of us.

Dates and details of our next meetings.

Saturday 14th July, - Unfortunately I am unable to attend either the next full meeting or our Saturday morning meeting, which will be at The New Pavilion, Heybridge at the usual time of 10.00.

Saturday 11th August, - Another new venue – we meet at West Street Vineyard, Coggeshall. CO6 1NB, at 10.00

Saturday 15th September – We meet at the Osea View Café at 10.00

Please contact me if you need directions or a lift.

Pat Smith

Yoga Group

Eka Pada Hamsa Parsvottanasana. No we are not doing a language course; this is Sanskrit for Single leg swan balance.

We may eventually learn this movement but currently we practise our breathing and stretching making us relaxed and toning muscles.

The last session for summer is 4th July. We will begin again in September, dates to be announced in August Newsletter.

Contact Gloria Bomford COG for Yoga

Other U3A

Blackwater U3A has asked us to circulate the following details regarding a short holiday in Lincolnshire. If you are interested in taking part in this holiday please contact dawnmundy21@btinternet.com, tel: 01621 854065 as soon as possible

Dates: 29th October to 2nd November (Monday to Friday)

Hotel: County Hotel, Skegness located on North Parade Promenade (level walking to all amenities)

Travel: return coach travel from Maldon to Skegness, together with inclusive excursions

Accommodation: 4 nights: bed, full breakfast & dinner; ensuite; lift; 2 Night's entertainment

Cost: £199 per person - no single supplement low deposit optional travel insurance

Excursions included: Lincoln and Steep Hill - visit the old town with amazingly accessible castle, cathedral, old shops on Steep Hill that lead you to excellent museums & art gallery. Tower of Boston Stump - Spalding - River Welland - Lincolnshire Wolds.

The reviews online are good and the hotel is owned by Grand UK, the parent company of Just for Groups with whom we have enjoyed five previous holidays to date.

THE POPPY FACTORY

Monday 16th July 2018

£30 per person (including donation)

The Poppy Factory was established in 1922 as an independent charity to provide employment for disabled servicemen after the Great War. The work consisted of making the poppies, crosses and wreaths for the annual Remembrance Day.

96 years on, the work continues.....

Our tour guide will give a presentation which covers the history of the poppy as the national symbol of remembrance, the heritage of the Poppy Factory and the history behind the founder's vision of supporting wounded, injured and sick ex-Service men and women.

We will then be shown around the factory and see how the crosses, poppies and wreaths are made. Time available in the Gift Shop to purchase your poppy souvenirs and support the work of the Poppy Factory.

We will stop for a pub lunch after our tour (not included) - details tbc

FRINTON ON SEA

Wednesday 5th September

£15.00 per person

FRINTON'S CROSSING COTTAGE, GARDEN AND RAILWAY MUSEUM

We will start our day at the Railway Museum.



Once occupied by the keepers of Frinton's iconic railway gates, today Frinton's Crossing Cottage houses an impressive selection of artefacts and archive material that tell the story of the local area in surprising detail. Situated in a well-maintained, gold medal winning, cottage garden, the grounds also include a wildlife area and information board. In 2009, the railway signal box was moved into the Garden and became another exhibit housing a snapshot of railway technology in a bygone age.

We will also be visiting the adjacent Heritage Museum.

After that, the day is yours....

With a reputation as an exclusive resort, Frinton retains an atmosphere of the 1920/30's. Tree-lined Connaught Avenue - the 'Bond Street of Essex' - leads down to the elegant Esplanade and cliff-top greensward, with its colourful Victorian-style beach huts. The sandy beach is quiet and secluded. The sea front is still lined by many Victorian style beach huts, reminiscent of the days when the town was a favourite retreat for the aristocracy and even royalty.

There are plenty of places to eat - including Frinton's first, and only, pub - The Lock and Barrel.

Liz



Group Name, Co-ordinator & Contact Phone Number & Email

Group Name	Co-ordinator (COG)	Telephone Number & Email
Art (Painting)	Tina Martin	01621 858646 martin.christine@sky.com
Bird Watching	Maureen Lenoir	01621 869871 symockturtle@yahoo.co.uk
Cards and Paper Crafts	Lesley Woonton	01621 858135
Coffee Morning	Margaret Brown	01621 854885 mbandmeg@btinternet.com
Creative Writing	Angela Pleasance	01621 850310 angela.pleasance@hotmail.co.uk
Croquet	Anne Newson	01621 858807 annenewson@uwclub.net
Dressmaking	Joyce Woodham	01621 841066 woodham359@btinternet.com
Family History	Jean Rogers	07852 154405 jeanrogers1@hotmail.co.uk
French	Jenny Parker	01621 843581 jennyparker14@hotmail.com
Gardens	Pat Yates	01621 892866 pat.yates@tesco.net
Local History	Carol Greenhalgh	01621 840339 carol.georgesmeed@gmail.com
Music Appreciation	Philippa Moody	01245 381379 philippa.moody@gmail.com
Needlecraft	Hilary Furniaux	07411 450634 Hilary.Furniaux@btinternet.com
Painting 2	Barbara Barbrook	01621 855605 c.barbrook@sky.com
Patchwork	Anne Thorpe	01621 850828 Anne.thorpe@btinternet.com
Petanque	Dian Bayley	01621 840660 dianbayley@aol.com
Photography	Peter Thorpe	01621 850828 thorpe101@btinternet.com
Reading & Books	Margaret Hurst	01621 850494 mhurst188@talktalk.net
Scrabble	Linda Etherton	01621 843702 ethertonbikes@aol.com
Technical Computing	Colin Mason	01621 854906 colin.mason@yahoo.com
Ten Pin Bowling	Lynne Morrison	01621 891288 lejmorrisson@gmail.com
Ukulele	Barbara Barbrook	01621 855605 c.barbrook@sky.com
Walking	Linda Wells	01621 857414 wellsbarga@gmail.com
Weekday Lunch	Jean Perrot	01621 891391 jeanperrott@hotmail.com
Weekenders	Pat Smith	01621 856569 patcleary98@sky.com
Yoga	Gloria Bomford	01621 330 995 gbomford@hotmail.co.uk

Diary of Meetings and Visits For details see articles and co-ordinators above

Week Commencing	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2-Jul	2 Petanque 14.00 Cards & paper 14.00	3 Weekday Lunch 12.30	4 Ukulele 14.00 Yoga 14.00	5 Croquet 10.00 Gardens 14.00 Photography 14.00	6 Committee Meeting 10.00 Painting 14.00	7	8
9-Jul	9 Petanque 14.00 Painting 2 14.00 Patchwork No meeting	10 Ten Pin Bowling 1400	11 French Conversation 10.00 Music 14.00	12 Technical Computing 14.00 Walking 14.00	13 Monthly Meeting 14.00	14 Weekenders New Pavilion 10.00	15
16-Jul	16 Petanque 14.00 Needlecraft 14.00 Poppy Factory 09.00	17 Local History 14.00	18 Reading & Books 14.00	19 Croquet 10.00	20 Coffee Morning 11.00 Painting 14.00	21	22 Gardens Brightlingsea 14.00
23-Jul	23 Petanque 14.00 French Improvers 14.00	24 Scrabble 14.00	25 Creative Writing 14.30	26 Family History 10.00	27 Copy to Editor Bird Watching 10.00 Painting 14.00	28	29
30-Jul	30 Petanque 14.00	31	1-Aug Ukulele 14.00	2 Croquet 10.00	3 Committee Meeting 10.00 Painting 14.00	4	5
6 Aug	6 Cards & paper 14.00 Petanque 14.00	7 Weekday Lunch 12.30	8 French Conversation 10.00 Music 14.00	9 Technical Computing 14.00 Walking 14.00	10 Monthly Meeting 14.00	11 Weekenders West Street Vineyard 10.00	12
13 Aug	13 Petanque 14.00 Painting 2 14.00 Patchwork No meeting	14 Ten Pin Bowling 1400	15 Reading & Books 14.00	16 Croquet 10.00	17 Painting 14.00 Coffee Morning 11.00	18	19
20 Aug	20 Petanque 14.00 Needlecraft 14.00	21 Local History 14.00	22 Creative Writing 14.30	23 Family History 10.00	24 Painting 14.00 Copy to Editor Bird Watching 10.00	25	26
27 Aug	27 Bank Holiday	28 Scrabble 14.00	29	30	31 Painting 14.00	1 Sep	2